

# PCL-PR

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Rater: \_\_\_\_\_ (*please circle one*: significant other, spouse, friend, parent)

The most upsetting event experienced was \_\_\_\_\_ on \_\_\_\_\_.

(EVENT)

(DATE)

Below is a list of problems and complaints that youth sometimes have in response to stressful life experiences. Please read each one carefully, then circle one of the numbers to the right to indicate how much your child has been bothered by that problem <b>in the past month</b> .		<u>Never</u>	<u>Rarely</u>	<u>Sometimes</u>	<u>Often</u>	<u>Very Often</u>
1	Repeated disturbing <i>memories, thoughts, or images</i> of a stressful experience from the past?	0	1	2	3	4
2	Repeated, disturbing <i>dreams</i> of a stressful experience?	0	1	2	3	4
3	Suddenly <i>acting or feeling</i> as if a stressful experience <i>were happening again</i> (as if he/she was reliving it)?	0	1	2	3	4
4	Feeling <i>very upset</i> when <i>something reminded him/her</i> of a stressful experience?	0	1	2	3	4
5	Having <i>physical reactions</i> (e.g., heart pounding, trouble breathing, or sweating) when <i>something reminded him/her</i> of a stressful experience?	0	1	2	3	4
6	Avoiding <i>thinking about</i> or <i>talking about</i> a stressful experience or <i>avoiding having feelings</i> related to it?	0	1	2	3	4
7	Avoiding <i>activities or situations</i> because <i>they reminded him/her</i> of a stressful experience?	0	1	2	3	4
8	Trouble <i>remembering important parts</i> of a stressful experience?	0	1	2	3	4
9	<i>Loss of interest in activities</i> that he/she used to enjoy?	0	1	2	3	4
10	Feeling <i>distant or cut off</i> from other people?	0	1	2	3	4
11	Feeling <i>emotionally numb</i> or being unable to have loving feelings for those close to him/her?	0	1	2	3	4
12	Feeling as if <i>his/her future</i> will somehow be <i>cut short</i> ?	0	1	2	3	4
13	Trouble <i>falling or staying asleep</i> ?	0	1	2	3	4
14	Feeling <i>irritable</i> or having <i>angry outbursts</i> ?	0	1	2	3	4
15	Having <i>difficulty concentrating</i> ?	0	1	2	3	4
16	Being “ <i>super alert</i> ” or watchful or <i>on guard</i> ?	0	1	2	3	4
17	Feeling <i>jumpy</i> or <i>easily startled</i> ?	0	1	2	3	4